



Grow Young with Your Dog: Learn How You and Your Canine Companion Can Feel Better at Any Age!

By: Mary Debono

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Author Website: www.DebonoMoves.com

Praise for Grow Young with Your Dog

“Mary combines an amazing knowledge of anatomy, movement, structure, behavior combined with love, empathy and observation. Best of all she is articulate and a good communicator. It will forever change how you interact with your dog and all animals, including humans!”

—**Tina Steward, D.V.M., Veterinarian, Eugene, OR**

“Mary carefully leads the reader through gentle exercises to improve their dog’s functioning and to enrich the connection between the humans and their canine companions. Each chapter has engagingly written stories about Mary’s impressive work with specific challenged animals. This is a fun and accessible hands-on book.” —**Elizabeth Beringer, Director, The Feldenkrais Institute, San Diego, CA**

“Excellent information that heals the dog and enriches the person in many ways.”

— **Brigitte Noel, author, San Diego, CA**

“I love Mary Debono’s approach for dogs and people. Her book is very informative and easy to understand.” — **Sanae Suzuki, wellness educator and author, Santa Monica, CA**

“It’s a very, very well written book, with lots of information for everyone, two- and four-footed.

— **Gary David, Ph.D., La Jolla, CA**

“The exercises are straightforward, well explained and mindful. Your dog will appreciate you using your hands in the gentle ways that Mary describes. Do the exercises for yourself and gain an understanding of why animals and humans love Mary’s work.” — **Elizabeth Sleight, Animal Practitioner, Ontario, Canada**

“A must read for anyone who loves not just dogs, but all animals!” — **Debra Saum, artist, Encinitas, CA**